

FEDERATIA ROMANA DE PATINAJ

CAMPIONATUL NATIONAL

pentru

COPII, CADETI si NOVICE

02 - 05/04/2009

GALATI

PROGRAMUL COMPETITIEI

JOI, 02/04/2009

- 15.00 – 19.00 – antrenamente oficiale (aprox.30' pentru fiecare categorie: copii: 7+7+8 (4 fete + 4 baieti); cadeti [6 fete +(2 fete + 4 baieti)]; novice (5 + 6 fete si 8 baieti)
- 20.00 - Sedinta tehnica de tragere la sorti – Hotel „DUNAREA”

VINERI 03/04/2009

- **10.00 – 10.30 – REFACEREA GHETII**
- 10.30 – 10.35 – incalzire COPII fete grupa I (7) – *Moves in the Field*
- **10.35 – 11.15 – CONCURS**
- 11.15 – 11.20 – incalzire COPII fete grupa a II-a (7) – *Moves in the Field*
- **11.20 – 12.00 – CONCURS**
- 12.00 – 12.05 – incalzire Copii fete (4) + baieti (4) – *Moves in the Field*
- **12.05 – 12.40 – CONCURS**
- **12.45 – TRAGERE LA SORTI**
- **12.40 – 13.00 – REFACEREA GHETII**
- 13.00 – 13.05 – incalzire Cadeti fete (8) – *Moves in the Field*
- **13.05 – 13.30 – CONCURS**
- 13.30 – 13.35 – incalzire Cadeti baieti (4) - *Moves in the Field*
- **13.35 – 14.05 – CONCURS**
- **14.15 – TRAGERE LA SORTI**
- **14.15 – 16.30 - PAUZA**
- **16.00 - 16.30 – REFACEREA GHETII**
- 16.30 – 16.35 – incalzire NOVICE fete gr. I (5) – *Moves in the Field*
- **16.35 – 17.05 – CONCURS**
- 17.05 – 17.10 – incalzire NOVICE fete gr. a II-a – *Moves in the Field*
- **17.10 – 17.30 – CONCURS**
- 17.30 – 17.35 – incalzire Novice baieti (8) – *Moves in the Field*
- **17.35 – 18.05 - CONCURS**
- **18.15 – TRAGERE LA SORTI – NOVICE – PROGRAM SCURT**

- 18.30 – 21.30 – ANTRENAMENTE OFICIALE (20' PENTRU FIECARE CATEGORIE)

SIMBATA, 04 /04/2009

- **10.00 – 10.30 – REFACEREA GHETII**
- 10.30 – 10.36 – incalzire COPII fete grupa I (6) – *Program Liber*
- **10.36 – 11.00 – CONCURS**
- 11.00 – 11.06 – incalzire COPII fete grupa a II-a (6) – *Program Liber*
- **11.06 – 11.35 – CONCURS**
- 11.35 – 11.41 – incalzire COPII fete grupa III-a (6) – *Program Liber*
- **11.41 – 12.05 – CONCURS**
- 12.05 – 12.11 – incalzire COPII baieti (4) – *Program Liber*
- **12.11 – 12.40 – CONCURS**
- **12.40 – 13.00 – REFACEREA GHETII**
- 13.00 – 13.06 – incalzire CADETI fete gr. I (4) – *Program Liber*
- **13.06 – 13.35 – CONCURS**
- 13.35 – 13.41 – incalzire CADETI fete gr. a II-a (4) – *Program Liber*
- **13.41 – 14.05 – CONCURS**
- 14.05 – 14.11 - incalzire CADETI baieti (4) - *Program Liber*
- **14.11 – 14.30 - CONCURS**
- **14.30 – 16.30 – PAUZA**
- **16.00 – 16.30 – REFACEREA GHETII**
- 16.30 – 16.36 – incalzire NOVICE fete grupa I (5) – *Program Scurt*
- **16.36 – 17.05 – CONCURS**
- 17.05 – 17.11 – incalzire NOVICE fete gr. a II-a (6) – *Program Scurt*
- **17.11 – 17.40 – CONCURS**
- 17.40 – 17.46 – incalzire NOVICE baieti (4) – *Program Scurt*
- **17.46 – 18.05 – CONCURS**
- 18.05 – 18.11 – incalzire NOVICE baieti (4) – *Program Scurt*
- **18.11 – 18.40 – CONCURS**
- **18.50 – TRAGERE LA SORTI**
- **19.00 – 20.30 – ANTRENAMENTE OFICIALE**

DUMINICA, 05/04/2009

- 10.00 – 10.06 – incalzire NOVICE fete gr.I (5) – *Program Liber*
- **10.06 – 10.35 - CONCURS**
- 10.35 – 10.41 - incalzire NOVICE fete gr. all-a – *Program Liber*
- **10.41 - 11.10 – CONCURS**
- 11.10 – 11.16 – incalzire NOVICE baieti gr.I (4) – *Program Liber*
- **11.16 – 11.45 – CONCURS**
- 11.45 – 11.51 – incalzire NOVICE baieti gr. a II-a (4) – *Program Liber*
- **11.51 – 12.30 - CONCURS**

12.45 – 13.15 - FESTIVITATEA DE PREMIERE

COMITETUL DE ORGANIZARE